



Intervention Services and Fees

Lee Pesky Learning Center

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ACADEMIC INTERVENTION

Academic Intervention Planning: The process of translating a student's Learning Profile and academic goals into an individually-tailored plan for intervention. Planning includes a meeting with parents and/or student (as appropriate) prior to the start of Academic Intervention.

One-time Planning Fee: \$90

Academic Intervention: One-on-one sessions that follow an individually-tailored Academic Intervention Plan based on the student's Learning Profile and academic goals. Academic Intervention involves systematic and explicit instruction that is multi-sensory and follows a structured approach.

Cost: \$60 per hour in the Treasure Valley and \$75 per hour in the Wood River Valley

INDIVIDUAL SUPPORT

Coaching: Coaching provides education and skill-building to students. The specific focus of Coaching may include any or all of the following topics, depending on the skills individuals need to learn.

- Academic Coaching (help with organization, homework set-up, time management)
- Learning Profile Education (understanding your own learning)
- Individual Study Skills (note-taking, test preparation, active reading skills)
- Self-Advocacy Skills (how to ask for help, how to explain your learning needs to others)
- Stress Management (relaxation techniques, managing negative emotions, reducing stress)

One-time Planning Fee: \$50

Cost: \$60 per hour in the Treasure Valley and \$75 per hour in the Wood River Valley

Counseling: Students who experience symptoms of depression or anxiety related to their academic performance can benefit from counseling. Individual counseling at LPLC differs from Coaching in that it is therapeutic and geared to the specific emotional needs of the individual. Counseling is provided by mental health professionals, including psychologists, counselors, and social workers. Counseling can focus on improving mood, building coping skills, and improving social relations. Counseling can also include some of the educational elements of Coaching as needed. *Insurance might partially cover costs of individual counseling depending on diagnosis and insurance policy. Check with your insurance company to determine benefits.*

Cost: \$100.00 per hour

Social Thinking Education: Helps students with social-cognitive deficits understand the complex social world. Social Thinking Education teaches much more than social skills; it develops the thinking behind why we do what we do when we are interacting with others. "Social Thinking" (developed by acclaimed speech/language pathologist Michelle Garcia Winner) is a cutting-edge cognitive behavioral approach to interpreting a variety of social environments.

One-time Planning Fee: \$90

Cost: \$75 per hour in the Treasure Valley and \$85 per hour in the Wood River Valley

SMALL GROUPS

Survival Skills: Helps students with study skills, including note-taking, test preparation, and organizational techniques, as well as self-advocacy, stress management, and essay writing.
Call for more information.

Writing: Helps students improve writing skills by providing a structured, multi-sensory approach to organizing thoughts on paper.
Call for more information.

Understanding My Learning Profile: Helps students with learning disabilities understand that everyone has areas of strength and need, and to appreciate their unique learning profiles.
Call for more information.

Circle of Friends: Helps students build confidence, friendship skills, and self-esteem by sharing with others.
Call for more information.

FAMILY RESOURCES

Parent/Family Support and Education: LPLC offers education for parents to help them understand their children's learning needs and facilitate implementation of recommendations.
Cost: \$75 per hour in the Treasure Valley and \$85 per hour in the Wood River Valley

Family Resource Library: Books, videos/DVD's and resources available for check-out on a range of topics. **Fee:** \$10 Deposit for books, \$20 Deposit for videos

Center Website: Visit our website www.lplearningcenter.org for information and resources

CONSULTATION: During the course of intervention, it could be necessary for us to visit with school personnel or other service providers (physicians, psychologists, counselors), to discuss your/your child's needs. Lengthy conversations (greater than 5-10 minutes), school meetings, and school observations will be billed at a rate of \$100 per hour.

Lee Pesky Learning Center is a nonprofit organization that maintains a highly professional standard in its work. The staff of the Center brings extensive training and experience in the field of learning disabilities. Fees provide less than 50% of the full cost of services to clients, and we do extensive fundraising to cover the gap.

The Center offers financial assistance for clients, ranging from 5% to 95% reduction in fee based upon family size and income. Please contact the Center for information about financial assistance.