Self-Regulated Learners Framework Project

Overview

All of Lee Pesky Learning Center's services are delivered through our self-regulated learner framework. Our framework focuses on building students' skills to become more connected, self-aware, self-determined, strategic, and resilient. Overwhelming scientific evidence shows that these skills are just as critical as academic skills to school success and life-long learning.

Students who demonstrate strong self-regulation are better able to focus, attend, and navigate the social, emotional and behavioral requirements at school and other environments. Self-regulation is also a strong predictor of later school success. However, for a significant number of students, self-regulation can be compromised if they do not receive adequate support.

Currently we are validating a self-regulation measure designed by the American Institutes for Research. This project will inform others who provide academic and/or mental health intervention.

Impact

- Create self-regulated learners who are connected, self-aware, self-determined, strategic, and resilient and reduce the need for more intensive services
- Integrate social emotional and academic instruction through our low-lift self-regulated learner strategies
- Develop efficient, effective measures of self-regulated learning

Duration

- 2021 – 2024

Funding

City of Boise: Mental Health